

Mainsail

RESTAURANT

CARSINGTON WATER

Breakfast

10am to 2.30pm

Mainsail Breakfast (v and ve options available.) £9.75

Owen Taylor sausages, back bacon, button mushrooms, fried egg, tomato, hash brown and baked beans.
Add: Any breakfast item

Breakfast Bap £4.15

Back bacon, Owen Taylor sausages or veggie sausages in a Bakewell Bakery soft floured bap.
Add: Any breakfast item

Derbyshire Oatcake £8.50

Filled with Owen Taylor sausage, bacon, cheddar cheese. Topped with a fried egg and drizzled with HP brown sauce or tomato ketchup.
Add: Any breakfast item

Toasted Bagel £4.25

Toasted bagel topped with cream cheese (v)
Add: Any breakfast item

Add Ons

bacon | sausage | veggie sausage | black pudding £1.50
oatcake | smoked salmon £1.50
hash brown | mushroom | tomato £1.00

American Style Buttermilk Pancakes

A choice of:
streaky bacon & maple syrup £8.20
fruit compote & crème fraîche (v) £7.95
Nutella & caramelised banana (v) £8.00

Eggs Benedict £8.00

Two poached eggs served with a toasted English muffin, Hollandaise sauce.

Add a choice of:
smoked salmon £1.50 | streaky bacon £1.50 | spinach (v) 75p
black pudding £1.50

Posh Beans on Toast (v/ve) £7.95

Sourdough toast, haricot, butterbean and kidney beans in a spicy tomato ragu sauce.
Add: poached eggs £2.00

Toasted Teacake (v) £3.50

Served with butter. **(Available until 4.30pm.)**

Toast & Butter (v) (ve option available) £2.50

Add: strawberry jam | blackcurrant jam | marmalade | honey 75p

Small Plates

11.30am to 4.30pm

Soup of the Day (v) (ve option available) £4.80

Add a choice of:
white or brown bloomer bread £1.00 | homemade cheese scone £2.00

Quiche of the Day £8.50

Shortcrust quiche baked in house, served with salad & coleslaw.

Jacket Potato (v) (ve option available) £7.00

with a salad garnish & coleslaw.

Add Ons

baked beans £1.25 | tuna mayo £1.50 | traditional bolognese £1.75
vegan bolognese £1.75 | ratatouille £1.50 | Cheddar cheese £1.25
spring onions 25p

Large Plates

11.30am to 4.30pm

Chicken Burger £14.75

Grilled chicken breast, smoked Applewood cheese, streaky bacon, tomato, lettuce and red onion with a sweet chilli jam in a pretzel bun with sweet potato fries and pickled slaw.
Add: extra bacon | onion rings £1.50

Halloumi Burger (v) £14.75

Halloumi, sweet chilli jam, tomato, lettuce and red onion in a pretzel bun with sweet potato fries and pickled slaw.
Add: onion rings £1.50

Loaded Flatbread (ve option available)

Warm flatbread, harissa yoghurt, pickled cucumber, pickled red onions, sweet red pepper and rocket.
And a choice of: spiced lamb kofta £14.65 | chickpea falafel £13.95

Nourish Bowl (v/ve) £10.45

Mixed grains & couscous, pickled cucumber & carrot ribbons, spinach, beetroot and harissa yoghurt dressing.
Add: halloumi £2.50 | lamb kofta £3.00 | smoked salmon £3.45

Superfood Salad (v/ve) £11.25

Mixed garden leaf, pickled cucumber and carrot ribbons, spinach, beetroot and Balsamic dressing.
Add: chicken | halloumi £4.25

Chicken Caesar Salad £14.75

Roast chicken breast, Cos lettuce, Parmesan, croutons, crispy bacon and Caesar dressing.

Smoked Salmon Salad £14.75

Smoked salmon, mixed garden leaf, spinach, fennel, cucumber and apple with a dill and lemon dressing.

Lunch Specials

11.30am to 2.30pm

Please see your table for today’s selection of freshly cooked main meals. Our Lunch Specials are made using fresh, locally produced ingredients where possible.

Sandwiches

Served all day

All our sandwiches are freshly made on white or brown bloomer bread. Served with a salad garnish and homemade coleslaw.

Mature Cheddar, Rocket, and Red Onion Chutney (v) £7.30

Tuna Mayo & Cucumber £7.45

Vegan Cheese, Spiced Hummus & Lettuce (v/ve) £7.30

Roast Ham, Mustard Mayo & Tomato £7.30

Smoked Salmon, Dill, Cucumber and Lemon Cream Cheese £7.80

Sides

11.30am to 4.30pm

Roast New Potatoes (v/ve) £4.00

Onion Rings (v/ve) £3.00

Halloumi Fries with chilli jam (v) £4.95

Sweet Potato Fries (v/ve) £4.15

Skin on Fries (v/ve) £3.15

House Salad (v/ve) £3.95

Children’s Menu

Up to 12 years

Breakfast

10am to 2.30pm

English Breakfast £5.50

Owen Taylor sausage, bacon, egg, beans and white or brown toast.

Buttermilk Pancakes (v) £5.20

Choose from: Nutella & sliced banana | fruit compote & crème fraîche

Toast & Jam (v) £3.25

White or brown toast & butter with a choice of strawberry or blackcurrant jam.

Lunch Menu

11.30am to 4.30pm

Fish Fingers and Chips £6.50

Fish fingers, chips and beans or peas.

Mac ‘n’ Cheese (v option available) £6.25

Penne in a Cheddar sauce with a Parmesan crumb and a garlic bread side.

Pasta Bolognese (ve option available) £6.50

Traditional bolognese with penne pasta & Cheddar cheese and a garlic bread side.

Chicken Burger £6.50

Mini chicken fillets, lettuce & mayo in a Bakewell Bakery soft white roll with fries.

Sausage & Chips (ve option available) £6.50

Owen Taylor sausage & chips with beans or peas.

Children’s ‘Pick up’ Lunch

(v/ve option available) £6.25

Served all day

A choice of ham, cheese or tuna mayo roll, crisps, homemade jelly, biscuit and either fruit juice, bottled water or fruit shoot.

Fish products may contain small bones.
(v) - Vegetarian
(ve) - Vegan
ALL PRICES INCLUDE VAT.