

## Homemade Desserts

(Served 11.30am - 4.30pm)

### Sticky Toffee Pudding – £6.50

Served with a rich toffee sauce and Snugburys Sea Salted Caramel ice cream.

### Strawberry and Raspberry Sundae (V) – £6.95

With Snugburys vanilla ice cream, a shortbread biscuit, and whipped cream.

## Homemade Cakes

Please see our chilled counter for today's selection of cakes and desserts. They are changed regularly so there is always something new to try.

## Hot Beverages

Our breakfast tea and all our coffees are available decaffeinated.

### Americano – £3.05

Freshly ground coffee in every cup, with milk or cream.

### Flat White – £3.25

Espresso coffee with velvety steamed milk.

### Cappuccino – £3.25

Espresso coffee topped with steamed and frothed milk.

### Latte – £3.25

Espresso coffee and steamed milk.

### Latte Macchiato – £3.25

Velvety steamed milk with the addition of an espresso.

### Mocha – £3.95

Hot chocolate, an espresso and whipped cream.

### Espresso – £2.60

A small strong black coffee.

### English Breakfast Tea – £2.10

A pot per person.

### Earl Grey, Assam, Darjeeling – £2.25

A pot per person.

### Herbal Infusion Teas – £2.25

A range of fruit and herbal teas available.

### Regular Hot Chocolate – £3.25

Piping hot, deliciously rich. Ideal on a winter's day.

### Luxury Hot Chocolate – £4.25

A regular hot chocolate topped with whipped cream, marshmallows and a flake - go on, spoil yourself!

Caramel, Gingerbread, Hazelnut and Vanilla syrups to add to your coffee.....55p

## Soft Drinks

### Fizzy Drinks – £3.15

A large glass served chilled. Choose from: Pepsi Max, Sunkist Orange or Lemonade.

### Frobishers Orange Juice – £3.15

100% pure juice, served chilled.

### Orange Juice and Lemonade – £3.25

A large glass of chilled orange juice and lemonade.

### Frobishers Apple Juice – £3.15

100% pure fruit juice, served chilled.

### Dandelion and Burdock – £3.15

A traditional refreshing drink.

### Elderflower Presse – £3.15

A refreshing blend of sparkling mineral water and natural elderflower.

### Raspberry Lemonade – £3.15

A zesty combination of real raspberries and lemons with sparkling mineral water.

### Mineral Water – £1.85

Sparkling or still, served chilled.

### Orange and Passion Fruit I2O – £3.15

A refreshing combination of fruit juice and spring water, served chilled.

### Apple and Raspberry I2O – £3.15

A refreshing combination of fruit juice and spring water, served chilled.

## Beers and Cider

**Appleshed Premium Cider** (4.5% vol) - Pint **£5.40** Half Pint **£2.70**  
A smooth cider, with a complex taste journey.

**Alcohol Free Peroni** (0% vol) - 330ml bottle **£3.90**

## Draught Beers

**Birra Murano Italian Lager** (V) (4.6% vol) - Pint **£5.40** Half Pint **£2.70**

**Grand Central IPA** (V) (4.2% vol) - Pint **£5.40** Half Pint **£2.70**

**Shandy** (V) - Pint **£5.40** Half Pint **£2.70**

## Wine List

We are supporting Sea Change Wine. For every bottle of wine we buy, Sea Change make a donation to support the charities below:



We hope you enjoy these award-winning wines in the knowledge you are helping to change and save our oceans.

## White Wine

**Sauvignon Blanc** France, Languedoc-Roussillon - Bottle **£17.55** 175ml glass **£5.30**  
This crisp and elegant Sauvignon is both zesty and refreshing.

**Pinot Grigio** Italy, Veneto - Bottle **£17.25** 175ml glass **£5.25**  
Crisp and refreshing, bursting with citrus zest. A perfect all-rounder.

## Red Wine

**Merlot** Languedoc-Roussillon, France - Bottle **£17.55** 175ml glass **£5.30**  
Crammed with flavours of delicious summer fruits and hints of green pepper on the nose.

## Rosé Wine

**Pinot Grigio Rosé** Italy, Veneto - Bottle **£18.25** 175ml glass **£5.40**  
Delicious and easy drinking, elegant and refined juicy summer fruits with floral undertones.

## Sparkling Wine

**Prosecco** Italy - Bottle **£20.50** 125ml glass **£5.70**  
Crisp yet delicate with aromas of peach and pear, delightfully light-bodied with a delicious lingering finish.

Wine by the glass is also available in 125ml.

Other New Leaf Catering Partnership Ltd. Restaurants are:



**Waterside Restaurant**  
Tittesworth Water  
Meerbrook, near Leek  
01538 300180  
www.visitittesworth.co.uk



**Waterside Restaurant**  
Draycote Water  
Kites Hardwick, Rugby. CV23 8AB  
01788 815274  
www.visitdraycote.co.uk



# Mainsail Restaurant Carsington Water

Ashbourne, Derbyshire. DE6 1ST  
01629 540363  
www.visitcarsington.co.uk

**The Mainsail Restaurant offers a fantastic menu with freshly prepared dishes, made by our Head Chef and his team.**

**Not to mention our highly sought after cake counter with freshly baked, homemade cakes and biscuits to make even the strongest willed turn their heads!**

Please ask for our Gluten Free, Dairy Free and Vegan menus.

Please notify us of any allergens at the time of ordering.

Please make a note of your table number.  
Place your order at the counter and your food will be served to your table.

## Breakfast Speciality

(Served 10.00am - 2.30pm)

### New Leaf Breakfast (V option available.) – £8.75

Two award-winning Owen Taylor sausages, back bacon, field mushroom, fried egg, tomato, Heinz Baked Beans, and hash brown.

Add black pudding or Derbyshire oatcake - £1.00

### Hot Sausage Bap or Bacon Bap – £3.90

A soft floured bap and locally made pork sausages or back bacon.  
(V - Vegetarian sausage available.)

### Hearty Breakfast Bap – £4.95

Any two fillings (see breakfast list above) served in a white bap.

### Toasted Bagel (V) – £3.95

A freshly toasted bagel topped with cream cheese.

Add bacon - £1.00 or smoked salmon - £1.75

### Eggs Benedict – £8.75

A toasted English muffin topped with either smoked streaky bacon or smoked salmon, poached eggs and Hollandaise.

### Toasted Cinnamon and Sultana loaf (V) – £3.50

Locally made fruit loaf with butter.

### Derbyshire Baked Oatcake – £7.95

Filled with bacon, Owen Taylor sausage, Cheddar cheese, topped with a fried egg, and drizzled with HP Brown Sauce or tomato ketchup.

Add Heinz Baked Beans - £1.00

## Lighter Selection

(Served 11.30am - 4.30pm)

### Toasted Cinnamon and Sultana loaf (V) – £3.50

Locally made fruit loaf with butter.

### Homemade Soup of the Day (V) – £4.50

Homemade soup using fresh ingredients.

With either a wholemeal or white bread roll and butter - £5.55

Or homemade cheese scone - £6.45

### Posh Beans on Toast (V) – £7.25

Haricot, butterbean and kidney beans in a spicy tomato sauce, served on toasted white or brown bloomer bread.

### Cheesy Potato (V) – £7.75

A jacket potato filled with Cheddar cheese or cheese and spring onion, served with salad and homemade coleslaw.

Add Heinz Baked Beans - £1.00

### Tuna and Red Onion Potato – £7.95

A jacket potato filled with tuna and red onion in mayonnaise, served with salad and homemade coleslaw.

Add cheese - £1.00

### Chilli con Carne Potato – £7.95

A jacket potato filled with Chilli con Carne, served with salad and homemade coleslaw.

Add cheese - £1.00

### Ratatouille Potato (V) – £7.75

A jacket potato filled with ratatouille, served with salad and homemade coleslaw.

Add cheese - £1.00

Fish products may contain small bones.  
(V) - Vegetarian.  
ALL PRICES INCLUDE VAT.

## Daily Specials

(Served 11.30am - 2.30pm)

Please see today's selection of freshly cooked main meals.  
Our Main Courses are made using locally produced organic ingredients where possible.

## Specialities and Salads

(Served 11.30am - 4.30pm)

### Lamb Kofta Flatbread – £14.25

Lamb kofta on flatbread with harissa yoghurt, pickled cucumber, cherry tomato and red onion topped with rocket. Served with sweet potato fries and homemade coleslaw.

### Chickpea Falafel (V) – £12.95

Chickpea falafel, spiced hummus, spinach, pepper, red onion and a sweet chilli sauce in a pumpkin wrap. Served with mixed salad, apple and fennel slaw, potato wedges.

### Grilled Chicken Burger – £13.95

Grilled chicken breast topped with Monterey Jack cheese, bacon, red onion, gherkin and BBQ sauce. Served in a rosemary focaccia with homemade coleslaw, onion rings and chips.

### Garden Burger (V) – £13.75

A lightly spiced medley of broad beans, peas, spinach and garden herbs with a crumb coating in a soft bap with mixed leaves and fennel and apple slaw.  
Served with mixed salad, chips and onion rings.

### Salmon Salad – £13.95

Salmon fillet marinated in lemon and herbs topped with smoked salmon.  
With a fresh spinach, watercress, radish, cucumber and cherry tomato salad with a crème fresh dressing. Served with white or brown bloomer bread and butter or Flora.

### Hazelnut and Goat's Cheese Salad (V) – £13.50

Goat's cheese in a hazelnut breadcrumb, with pea shoots, rocket, cherry tomatoes, red onion, sweet peppers, pine nuts and new potatoes with a balsamic dressing.

### Chicken and Bacon Salad – £13.75

Chicken breast and bacon with mixed leaves, tomato, mixed sweet pepper, red onion, pine nuts and croutons with a Caesar dressing, served with white or brown bloomer bread and butter or Flora.

## Side Orders

(Served 11.30am - 4.30pm)

### Chips – £3.45

Add gravy - 50p.

### Sweet Potato Fries – £4.15

### Mixed Salad – £3.25

### Bread Roll and Butter or Flora – £1.30

## Sandwiches

(Served all day)

£6.95

All our sandwiches are freshly made on white or wholemeal bread.  
Served with a salad garnish and homemade coleslaw.

Mature Cheddar, Rocket, Beetroot and Red Onion Chutney (V)

Roast Ham, Mixed leaves, Tomato, Cucumber and Salad Cream

Roast Beef, Rocket and Horseradish Sauce

Spiced Hummus, Vegan Cheese and Salad (V)

Smoked Salmon, Dill, Cucumber and Lemon Cream Cheese – £7.35

## Children's Menu

(Up to 12 years)

### Children's Lunch Box

£5.50 (Served All Day)

With either ham, cheese or tuna mayo roll, either-Pom Bears or carrot and cucumber sticks, orange mandarin jelly, homemade biscuit and either fruit juice, Fruit Shoot or bottled water.

### Children's lunchtime Menu

(Served 11.30am - 4.30pm)

All our meals are freshly prepared on the premises by our team of chefs and use natural and local products wherever possible.

### \*Scampi and Chips – £5.50

Breaded scampi, chips and peas.

### \*Grilled Chicken Burger – £5.50

Grilled chicken breast in a white bun filled with lettuce and mayo, served with chips and peas.

### Tomato and Mozzarella Pasta (V) – £5.25

Penne pasta in a tomato sauce, topped with mozzarella cheese, served with garlic bread.

### Meatballs and Pasta – £6.50

Lower Hurst Farm Organic meatballs and penne pasta in a tomato sauce, served with garlic bread.

\*If you prefer, our children's meals can be served with new potatoes and a choice of fresh vegetables, mixed salad or carrot and cucumber sticks.

## Children's Drinks

### Radnor Fruit Juice Cartons – £2.10

A choice of Apple, Orange, Blackcurrant or Tropical.

### Fruit Shoot – £2.10

Apple and Blackcurrant or Orange.

### Child's Fizzy Drink – £2.25

A glass served chilled. Choose from: Pepsi Max, Sunkist Orange or Lemonade.

### Radnor Still Water 330ml – £1.45

## Baby Food

Please feel free to use the food and bottle warming facilities situated near to the counter.